



ON THE COVER

Resident D.P. harvests a zucchini from our new Therapeitic Garden. 100% of kids polled agreed that they felt gardening was good for their emotional health, and 86% said they ate a vegetable, fruit, or herb they'd never tried before. We're looking forward to this program "growing" even more in 2022!

"I'm glad I came to Harborcreek Youth Services because if I hadn't, I don't know where I'd be."

- Kaiden, 14, Elk County

A NOTE FROM CEO JOHN PETULLA

Dear Friends,

Looking back at the last two years, I don't think any of us expected the pandemic to go on as long as it has, or take the toll on each of us that it's inflicted. One silver lining here at the agency is that we started 2021 ready with procedures in the school, units, offices, cafeteria, and beyond to keep our kids and staff safe. To say that's been a challenge is an understatement, and I am so grateful for the resiliency of our staff throughout this past year.

In spite of the challenges we've faced, we have a major reason to celebrate: our 110th anniversary! What started out as an orphanage has grown and changed in many ways, all while surviving two World Wars, The Great Depression, the moon landing, and so much more. Our agency has experienced ups and downs throughout the year as we all have. We've made it through many times of struggle and we will make it through this, too. You are part of the resiliency we've built, and for that, I thank you.

Kind regards,





Harborcreek Youth Services is a Trauma-Focused, Psychiatric Residential Treatment Facility for young men and is located in the township of Harborcreek, a rural suburb just east of Erie, Pennsylvania. We have been caring for boys since 1911 when our agency, then known as the Catholic Boys Protectory, was founded. The institution was originally intended as a home for youth too old to remain at the orphanage in Erie. It has since evolved to become a fully accredited, clin-

ically-driven child and family service agency. In our Residential program, we serve males ages 10-18 (at time of admission) from across Pennsylvania who meet the medically necessary criteria as determined by a licensed psychiatrist and who are referred by Mental Health agencies, Children and Youth agencies (dependent children), and Juvenile Justice agencies (delinquent children).

In addition, HYS hosts a Community Program that serves both boys and girls in Erie County and that complements our Residential Program. Multisystemic Therapy (MST) is an evidence-based, family-centered, and community-based treatment for kids ages 12-17 that teaches and supports parenting techniques that discourage adolescent truancy, disrespect, violence, and substance abuse.

AGENCY ACCREDITATION

Harborcreek Youth Services is accredited by the Council on Accreditation (COA), an international, independent, not-for-profit, child-and family-service and behavioral healthcare accrediting organization. 2018 marked our fourth consecutive successful accreditation cycle and the agency is currently preparing for re-accreditation in 2022.

SANCTUARY CERTIFICATION

Harborcreek Youth Services adopted the Sanctuary Model as a tool to work with children across a wide diagnostic spectrum. Sanctuary stresses safety and healing for both clients and staff and is a process of organizational change. It is a trauma-informed cultural model more than a treatment intervention, and it's the way we organize both our treatment and how we run our agency. It is an "everybody" model because it's a way of guiding leaders, staff, children, and families to share the same values and language.

CLINICAL SERVICES

Trauma-focused child Psychiatric Services are provided for all residents. Harborcreek Youth Services is a psychiatric residential treatment facility and as such, all programs and services address the behavioral health needs of the residents. Psychiatry staff oversee treatment planning, provide clinical leadership to the Treatment Team, psychiatric evaluation and consultation, and medication management while ensuring the coordination of physical health treatment provided to each client.

Therapeutic services are provided in individual, family, and group formats. In addition to the daily support provided by unit and agency personnel, clients are paired with both a Masters level therapist and a childcare counselor who work intensively to reach the clients' individualized treatment goals.

HYS has a commitment to the implementation of Evidence-Based and research-informed Programs, and have adopted a Developmental Trauma treatment model in clinical work with clients. Our Multi-Sensory Therapies

WHAT IS THE SANCTUARY MODEL?

"The mission of Sanctuary is to teach individuals and organizations the necessary skills for creating and sustaining nonviolent lives and nonviolent systems and to keep believing in the unexplored possibilities of peace." - sanctuary.org

THE SANCTUARY COMMITMENTS

Nonviolence
Emotional Intelligence
Social Learning
Open Communication
Social Responsibility
Shared Governance
Growth & Change



DID YOU KNOW?

Just miles from Lake Erie, HYS sits on a rural, campus-like 60 acres of land, complete with educational walking trails, an Olympic-sized swimming pool, multiple gyms, basketball courts, and many other options for fitness and fun. Some favorite therapeutic activities our residents enjoy include Intramural Basketball, hockey, baseball, volleyball, Chess Club, kickball, Movie Nights, flag football, Origami Club, weight & fitness training, Fishing Club, Bingo, Garden Club, Cooking Club, yoga, maintaining our aquariums, and more!



include art, music, writing, the Barton Reading and Spelling System, and movement therapy while incorporating the latest advances in trauma modalities, such as Eye Movement Desensitization Reprocessing (EMDR), Progressive Counting, and Trauma Release Exercises (TRE). We use the Good Lives Model to help youth address sexual and other harming behaviors they may have engaged in the past. We also provide skill-building groups (such as ARISE Life Skills, New Freedom Curriculum, problem-solving, and Sanctuary Psycho-education), case management, and additional group therapy based on the individual's needs for drug and alcohol psycho-education, loss support, and diagnosis-specific treatment (depression, anger management, etc.).

RESIDENTIAL SERVICES

Youth reside in one of five campus units based upon individual, mental health, and behavioral needs, with consideration given to chronological and developmental age as well as social functioning level. HYS provides programs and intensive treatment in every unit and operates with a system of points and privileges embedded in a greater structure of treatment-driven, trauma-focused programming. In addition to clinical therapy, a resident's routine would include:

- Three community meetings per day
- Skill-building psycho-education group
- Point and problem-solving group
- Morning/evening chores and laundry service
- Afternoon and evening recreation activities and/or community service
- Complete dining services, coordinated by our on-site chef
- Access to a medical department with licensed nurses
- On-site, monthly check-ups with their primary care physician
- Medical appointment scheduling and transportation
- Supervised family visitation hours
- On-site campus minister

EDUCATIONAL SERVICES

HYS provides both regular and special education services, credit recovery, and the Pennsylvania Academic and Career/Technical Training Alliance (PACTT) vocational program. All teachers hold Pennsylvania certification, and the Special Education program is compliance-monitored by the Pennsylvania Department of Education. All programs incorporate service-learning projects, employability skills, and skill-building. Classroom counselors and Parenting classes are available as well.

In addition to our School Program, a Work Experience Program is offered to teach students real-life skills. GED classes are complemented by hands-on landscaping, janitorial work, maintenance skills, and painting. In the woodshop, students learn to build picnic tables, benches, bookcases, beds, and dressers. Opportunities are also available for OSHA training, Habitat for Humanity service, training in Small Engine Repair, and more. In 2022 we plan to launch programs in Bike Repair and Copper/Fiberoptic Cabling.

COMMUNITY SERVICE

Community service is at the heart of Harborcreek Youth Services' therapeutic programs. In FY 2020-2021, HYS residents completed 5,166 hours of community service on campus and on sites throughout the community, despite the challenges presented by the pandemic. These interactions help develop empathy for others and are a win-win for the youth, residents, and organizations with whom they work.

SKILL-BUILDING & RECREATIONAL ACTIVITIES

With over 60 acres of open land, Harborcreek Youth Services has plenty of room for boys to enjoy the great outdoors. Specialized athletic fields for football, softball, soccer, volleyball, basketball, and horseshoes, as well as a full-sized swimming pool, ensure that residents have plenty of on-site choices. These are combined with indoor recreational activities to encourage teamwork, develop self-esteem, provide healthy ways to burn off excess energy, and just have fun! Our residents also attend area sporting events such as basketball, hockey, and baseball games, as well as local college and university team competitions.

For more information about our programs and services, visit our website at www.hys-erie.org!



"Harborcreek Youth Services gave me a chance to show my full potential."

- Andrew, 15, Beaver County

DID YOU KNOW?

HYS is a Traumainformed, Sanctuary organization. Everyone, including administrators staff, Board Members, and clients, are trained in and encouraged to work and live by these principles.

WE WANT TO MEET YOU!

If you are a representative from a managed healthcare organization, mental health agency, children and youth program, juvenile probation department, a CASSP coordinator, or other child advocate interested in learning more about Harborcreek Youth Services' programs and services, we want to meet you!

We travel across Pennsylvania year-round educating others about what we offer through conferences, workshops, meetings, and consultations. We also welcome you to come tour our 60-acre campus and meet our staff personally.

To make arrangements for a visit to our campus or your offices, please contact **Tim Borgia**, **Admissions Coordinator**, at tborgia@hys-erie.org or 814-899-7664, extension 329.

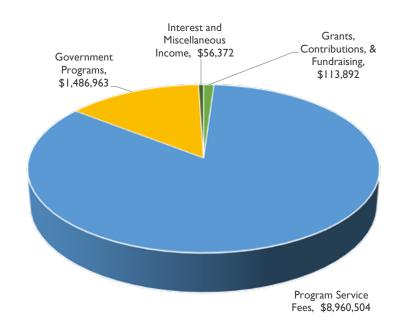
QUESTIONS? READY TO MAKE A REFERRAL?

Call a member of our Intake Team:

Admissions Coordinator - Tim Borgia: 814-899-7664, extension 329 - cell: 814-434-4700 - tborgia@hys-erie.org Intake Coordinators: Kirsty Bross: 814-899-7664, extension 312 - cell: 814-434-4670 - kbross@hys-erie.org Gary Mack: 814-899-7664, extension 322 - cell: 814-434-4696 - gmack@hys-erie.org Multisystemic Therapy - Norm Stanford: 814-440-8742 - nstanford@hys-erie.org

Please note that Harborcreek Youth Services is an Equal Opportunity Employer. Admissions, provision of services, and client referrals are made without regard to race, color, religious creed, disability, ancestry, national origin (including limited English proficiency), age, or sex.

2020-2021 FISCAL DATA



OUR BOARD

The **Board List** is as follows for the 20-21 year:

Peter Benekos, Ph.D, Secretary
Gary Borowy, Chairperson
Emily Carlin
Fr. Scott Jabo, Chair of Nominating Committee
Rick Linse
Ryan Masolotte, Vice Chairperson
Sr. Carol Morehouse, Treasurer
Edison Nicholson
Alison Samuels
Patrick Wachter

Thank you for your service!

\$10,617,732 TOTAL



Andy & Pat Tellers

A Gift in Honor of Dr. W. Patrick

Monaghan

A Gift in Honor of Joe & Fran Zaczyk

A Gift in Memory of Deacon Dave Pratt

A Gift in Memory of Martin Janick

Adriana Grosch

Ali Samuels

Allan Turner

AmazonSmile Foundation

Amy & Dan Blackman

Amy & Joe Bross

Amy & Luigi Montagna

Anonymous Friends of Harborcreek

Youth Services

Atty. James McNamara & Barbara

McNamara

Barbara Lindstrom

Bernie Lucas

Bill Cairns

Bob & Joan Martter

C.H. Reams & Associates,. Inc.

Catholic Charities

Catholic Diocese of Erie

Catholic Spiritual Family "The Work"

Colleen Daisley

Craig & Wendy Moffatt

Cunningham Chrysler of Edinboro, Inc.

Cynthia & William Welsh

Daniel J. Brabender

Darryl L. Wassel

David & Audrey Urban

David & Nancy Glod

David & Pam Davis

Donna Jean Parker

Dr. Charles Joy

Edison Nicholson III

Edward & Mary Jo Szewczyk

Edward Althof

Ellen Kehl

Emily Carlin

Eric James Amendola

Erie Community Foundation

Erie Insurance

Erie Insurance Employer Match Program,

c/o Benevity

Evelyn Stroud

Frank & Joanne Porter

Gary & Laura Borowy

Highmark

Holly & Matthew Hebebrand

Jerome Pelkowski

Jim & Kathy Mack

Jim & Martha Duchini

Jim Veshecco

Jlab Audio

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Joe & Gwen Smith

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John Becker

John Corkan

John M. & Gertrude E. Petersen

Foundation

John Sushereba

John Walsh

Joseph Tarquinio

Kaleena Relovsky

Karen Croyle

Kathryn Zboyovski

Keith & Carolyn Taylor

Knox McLaughlin Gornall & Sennett, P.C.

Kris Knight

Lar & Vik Serafin

Leslie A. Reinke

Linda Fleming

Linda Padget & John T. Miller

Loesel-Schaaf Insurance Agency, Inc.

M. Ryan Masolotte

Mary Anne Albaugh & Dennis Borczon

Mary Lou Atkinson

Mary Maxwell

Maxpro Technologies

Megan Keister

Metz Culinary Management

Michael & Jane McCartney

Mike & Pat Tellers

MJ Surgala Trust Dtd 2/18/2001

Mr. & Mrs. Bill Sinclair in Honor of Joe

Tarquinio

Namon McWilliams

Network for Good

Norm Stanford

North East Women of the Moose

Chapter #2191

Patricia J. O'Connor Fund of the Erie

Community Foundation

Pauline A. Osmer Fund of the Erie

Community Foundation

Peggy Weibel

Pete & Pat Benekos

Peterson's Property Maintenance, Inc.

Philadelphia Insurance Companies

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Reverend Scott W. Jabo

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Severin Frankhouser Shari Gross & Judy Zurinski

Shawn Emerson

Spaeder/Fund for Children of the Erie

Community Foundation

Stanley Mokwa

Stitches R US. Inc.

Team Cofield

The Britton Family Foundation c/o

MacDonald, Illig, Jones & Britton

The Karns Family

The Pennsylvania State University on

behalf of Norm Stanford

The Pennsylvania State University on

behalf of Tiahana Martinez

Theodore "Ted" Predko

Theresa Walkiewicz

Timothy & Peggy Glass

Tom & Mary Menegay

UPMC Work Partners

Wally

Thank You for Supporting Us!